

FOLLOW YOUR EXAM INSTRUCTIONS AND BRING THIS REQUISITION TO YOUR APPOINTMENT.

AN APPOINTMENT IS REQUIRED FOR ALL THE FOLLOWING TESTS:

ULTRASOUND:

- 1) PELVIC OR BLADDER: 1 1/2 hours before your appointment, empty bladder and drink four 8 oz. glasses of water immediately. Do not empty bladder until exam is completed.
- 2) ABDOMINAL: Do not take anything to eat or drink for 8-10 hours prior to examination (except medications with a small amount of water).
- 3) ABDOMINAL PLUS PELVIC: Fast for 8-10 hours but drink water as per the pelvic ultrasound instructions. Do not empty bladder again until your exam is completed.
- 4) RENAL, THYROID, BREAST, SCROTAL, and SOFT TISSUE:
No preparation required.
- 5) PREGNANCY:
 - **Early** (up to 10 weeks): 1 1/2 hours before your appointment, empty bladder and drink four 8 oz. glasses of water. Do not empty bladder again until your exam is completed.
 - **Mid** (10-20 weeks): 1 hour before examination, empty bladder and drink three 8 oz. glasses of water. Do not empty bladder again until your exam is completed.
 - **Late** (after 20 weeks): 1 hour before examination, empty bladder and drink one 8 oz. glass of water. Do not empty bladder again until your exam is completed.

MAMMOGRAPHY:

Avoiding caffeine for 3-4 days prior to your examination may significantly decrease discomfort during the test. Do not use deodorant, talcum powder or glitter-containing products on the day of examination.

APPOINTMENT POLICY

There are always patients waiting for appointments. If you need to cancel your appointment, please call as soon as possible

